

Fresh Ideas Feeding Minds

Spring / Summer

Menu 2024

Welcome to our New Spring/Summer menu.

Allergen information is available at

www.swnorse.co.uk

Special diet registration forms are
available via email

catering@swnorse.co.uk

“Putting Children at the
Heart of What We Do”

Throughout the year we offer a number
of themed menus to support the
curriculum, celebrate holidays and
seasonal events - please check with your
school for local arrangements.

Fresh Bread, Salad, Fruit,
Yoghurts and Water are
all available daily.

Please note the menu may be subject to change to meet local needs. For details of employment opportunities within South West Norse please email info@swnorse.co.uk or phone us 01392 351160.

**SUGAR
SMART**
Devon

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Norse Beef Burger in a Bap	Roast Chicken with Stuffing	Salmon & Broccoli Pasta in Tomato Sauce	Fish Fingers
Option 2 (v)	Vegetable Pasta Bake	Quorn Burger in a Bap	Veggie Roast Wellington	Freshly Prepared Mac & Cheese	Vegetable Fingers
Sides	Sweetcorn & Pasta	Baked Beans Salad Sticks Potato Wedges	Seasonal Vegetables Roast Potatoes & Gravy	Green Beans Sliced Carrots	Baked Beans or Crunchy Vegetable Sticks & Chips
And for pudding	Strawberry Mousse	Chocolate Surprise Brownie	Organic Pip Ice Lolly	Flapjack with Apple Wedges	Chocolate Shortbread
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Sandwich Lunch	Egg Mayo Sandwich	Cheese & Salad Wrap	Tuna Mayo Sandwich	Ham & Salad Sandwich	Cheese Mayo & Cucumber Baguette
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	15/04/24 - 07/05/24 - 03/06/24 - 24/06/24 - 15/07/24 - 09/09/24 - 30/09/24 - 21/10/24				

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Sausage Roll	Roast Gammon	Chicken & Vegetable Meatballs in Tomato Sauce	Fish Fingers
Option 2 (v)	Quorn & Vegetable Fajita	Vegan Sausage Roll	Cheese, Potato & Leek Parcel	Veggie Balls in Tomato Sauce	Cheese Omelette
Sides	Sweetcorn & Pasta	Baked Beans or Crunchy Salad Sticks & Diced Potatoes	Seasonal Vegetables Roast Potatoes & Gravy	Pasta & Country Mixed Veg	Baked Beans or Crunchy Vegetable Sticks & Chips
And for pudding	Chocolate Arctic Roll	Sticky Toffee Cake	Organic Pip Ice Lolly	Mandarin Orange Jelly	Oat & Sultana Cookie
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Sandwich Lunch	Egg Mayo Sandwich	Cheese & Salad Wrap	Tuna Mayo Sandwich	Cheese & Tomato Sandwich	Ham Mayo & Cucumber Baguette
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	22/04/24 - 13/05/24 - 10/06/24 - 01/07/24 - 22/07/24 - 16/09/24 - 07/10/24				

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Sticky Soy & Honey Chicken	Butchers Sausages & Yorkshire Pudding	Beef Bolognese	Fish Fingers
Option 2 (v)	Roasted Vegetable Pasta Bake	Homemade Cheese Wheels	Quorn Sausage & Yorkshire Pudding	Quorn Bolognese	Quorn Dippers
Sides	Sweetcorn & Pasta	Baked Beans Peas & Diced Potatoes	Seasonal Vegetables Roast Potatoes & Gravy	Green Beans Sweetcorn & Spaghetti	Baked Beans or Crunchy Vegetable Sticks & Chips
And for pudding	Orange & Mango Iced Smoothie	Rice Krispie Cake	Organic Pip Ice Lolly	Oaty Apple Crunch	Homemade Jammy Dodger
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Sandwich Lunch	Egg Mayo Sandwich	Cheese & salad Wrap	Tuna Mayo Sandwich	Cheese & Tomato Sandwich	Ham Mayo & Cucumber Baguette
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	29/04/24 - 20/05/24 - 17/06/24 - 08/07/24 - 02/09/24 - 23/09/24 - 14/10/24				