



SOUTH WEST  
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# Fresh Ideas Feeding Minds Spring / Summer Menu 2022

School name here

Welcome to our New Spring/Summer 2022 menu. Our menu is compliant to the School Food and Food for Life served Here Standards

Devon Norse are proud to support Farmwise Devon



Allergen information is available from your school or [www.devonnorse.co.uk](http://www.devonnorse.co.uk)

Should your child have a medically diagnosed Allergy or health condition that requires an alternative menu please complete our special diet registration form available from the school office or email [info@devonnorse.co.uk](mailto:info@devonnorse.co.uk)

Throughout the year we offer a number of themed menus to support the curriculum, celebrate holidays and seasonal events - please check with your school for local arrangements.

Fresh Bread, Salad, Fruit, Yoghurts, Milk and Water are all available daily,



Please note the menu may be subject to change to meet local needs. For details of employment opportunities within Devon Norse please email [info@devonnorse.co.uk](mailto:info@devonnorse.co.uk) or phone us 01392 351160.



# Week One

|                    | Monday  | Tuesday   | Wednesday  | Thursday                                 | Friday  |
|--------------------|---|---|--|--|---|
| Option 1           | Pasta Bake  | Chicken Korma & Rice                                      | Roast Gammon & Pineapple                               | Organic Pork Meatballs & Wholemeal Pasta | Mini Battered Fish Fillet                                     |
| Option 2 (v)       | Vegetable Fajitas   | Cheese Wheels & Wholemeal Pasta                           | Potato Topped Vegetable Pie                            | Creamy Vegetable Risotto                 | Veggie Fingers  |
| Sides              | Crusty Bread, Sweetcorn & Summer Salad Sticks   | Peas, Carrots & Tomato Ketchup                            | Roast or Boiled Potatoes, Carrots, Green Beans & Gravy | Seasonal Mixed Vegetables                | Chips, Wholemeal Pasta, Peas, Baked Beans or Vegetable Sticks |
| And for pudding    | Flapjack or Fresh Fruit   | Sticky Chocolate Cake with Chocolate Sauce or Fresh Fruit | Peaches & Langage Farm Ice Cream or Fresh Fruit        | Seasonal Fresh Fruit Platter             | Chocolate Cookie or Fresh Fruit                               |
| Jacket Potato      | Beans, Cheese or Tuna   | Beans, Cheese or Tuna                                     | Beans, Cheese or Tuna                                  | Beans, Cheese or Tuna                    | Beans, Cheese or Tuna   |
| Packed Lunch       | Cheese & Tomato Wrap  | Tuna Salad Pot  | Egg Mayo Roll  | Ham & Cucumber Wrap                      | Cheese & Onion Pasty  |
| Available each day | Freshly Prepared Salad, Home Baked Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives |   |  |  |   |
| Week starting:     | 25/04/22 – 16/05/22 – 13/06/22 – 04/07/22 – 05/09/22 – 26/09/22 – 17/10/22  |   |  |  |   |

# Week Two

|                    | Monday  | Tuesday   | Wednesday  | Thursday                          | Friday  |
|--------------------|---|---|--|-----------------------------------|---|
| Option 1           | Cheese & Tomato Pizza   | All Day Breakfast (Westcountry Sausage, Bacon & Free Range Egg) | Roast Chicken  | Cottage Pie & Gravy               | Fish Finger   |
| Option 2 (v)       | Spanish Rice  | Vegetarian Brunch (Quorn Sausage & Free Range Egg)              | Cauliflower & Broccoli Cheese Bake                     | Cowboy Pasta (with Quorn Sausage) | Battered Quorn Dippers  |
| Sides              | Potato Wedges, Peas & Sweetcorn   | Tomatoes, Mushrooms, Baked Beans & Diced Potato                 | Roast or Boiled Potatoes, Green Beans, Carrots & Gravy | Seasonal Mixed Vegetables         | Chips, Wholemeal Pasta, Peas, Baked Beans or Vegetable Sticks |
| And for pudding    | Pip Organic Ice lolly or Fresh Fruit  | Eves Pudding (Apple Sponge) & Custard or Fresh Fruit            | Fruit Jelly & Langage farm Ice Cream or Fresh Fruit    | Toffee Banana Cake or Fresh Fruit | Chocolate Cracknel or Fresh Fruit                             |
| Jacket Potato      | Beans, Cheese or Tuna   | Beans, Cheese or Tuna   | Beans, Cheese or Tuna                                  | Beans, Cheese or Tuna             | Beans, Cheese or Tuna   |
| Packed Lunch       | Cheese and Tomato Roll  | Pasta Pot   | Chicken Salad Roll                                     | Sausage Roll                      | Cheese Salad Pot  |
| Available each day | Freshly Prepared Salad, Home Baked Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives |   |  |                                   |   |
| Week starting:     | 02/05/22 – 23/05/22 – 20/06/22 – 11/07/22 – 12/09/22 – 03/10/22   |   |  |                                   |   |

# Week Three

|                    | Monday  | Tuesday                                      | Wednesday   | Thursday   | Friday  |
|--------------------|---|--|---|--|---|
| Option 1           | Macaroni Cheese   | Organic Beef Burger in a Bun                 | Roast Turkey  | Lasagne  | Mini Battered fish fillet (Salmon)                              |
| Option 2 (v)       | Spanish Omelette  | Roasted Vegetable Lasagne                    | Vegetable Wellington                                | Quorn Dog in a roll                                  | Southern Style Quorn Burger                                     |
| Sides              | Crusty Bread, Peas & Summer Salad Sticks  | Herby Diced Potatoes, Sweetcorn & Side Salad | Roast or Boiled Potatoes, Carrots, Broccoli & Gravy | Garlic Bread, Sweetcorn & Green Beans                | Chips, Wholemeal Pasta, Peas or Baked Beans or Vegetable Sticks |
| And for pudding    | Summer Fruits & Langage Farm Ice Cream or Fresh Fruit   | Iced Orange Muffin or Fresh Fruit            | Seasonal Fresh Fruit Platter                        | Pear & Chocolate Crumble with Custard or Fresh Fruit | Honey Cookie or Fresh Fruit                                     |
| Jacket Potato      | Beans, Cheese or Tuna   | Beans, Cheese or Tuna                        | Beans, Cheese or Tuna                               | Beans, Cheese or Tuna                                | Beans, Cheese or Tuna   |
| Packed Lunch       | Egg & Cress Wrap  | Meat Pasty                                   | Pasta Pot   | Turkey Salad Bap                                     | Cheese Salad Pot  |
| Available each day | Freshly Prepared Salad, Home Baked Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives |  |   |  |   |
| Week starting:     | 09/05/22 – 06/06/22 – 27/06/22 – 18/07/22 – 19/09/22 – 10/10/22   |  |   |  |   |